

February

Breakfast Menu

2023



**U-46 Food & Nutrition
Services**

Updated 12.21.2022

MON	TUE	WED	THU	FRI	Menu Subject to Change
January 30	31	1	2	3	
French Toast Bites Served with fruit Option of syrup	Cheesy Eggs w/ Tater Tots	Yogurt Parfait With fruit & granola	Pepper & Egg Breakfast Sandwich Served with choice of toppings	Glazed Donut	CHOICE OF FRUIT & MILK AVAILABLE WITH ALL ENTREES
6	7	8	9	10	
Chicken Waffle Slider Sandwich	Scrambled Egg Skillet Bowl Filled with potatoes, eggs & choice of mix-in's	Maple Flavored Turkey Pancake Wraps With syrup	Toasted English Muffin With Fruit & Choice of honey, peanut butter or jelly	Breakfast Street Tacos (scrambled eggs, cheese, turkey sausage & salsa on street taco tortillas)	
13	Valentine's Day 14	15	16	17	In addition to the breakfast entrees, a variety of Grab & Go options are available. Please see your school's menu board for the most up- to date menu offerings.
Warm Cinnamon Roll (119090)	Turkey Sausage & Egg Breakfast Burrito (JTM Scrambler coming in early 2023)	Blueberry Donut Holes (Super Bakery- to be added to GFS in Jan) 60 cs ct	Cinnamon French Toast Sticks (669431) topped with fruit	Sausage & Gravy Breakfast Pizza	
20	National Pancake Day 21	22	24	25	
NO SCHOOL PRESIDENT'S DAY	Pancakes (353705) Topped with Fruit & Option for Whipped topping (330442) or Syrup	Chicken Sausage & Waffle Slider	Warmed Cinnamon UBR Round (794230)	Maple Flavored Turkey Pancake Wraps With syrup	
27	28	March 1	2	3	Menu Questions? Contact Christine Cliff, U-46 District Dietitian, at ChristineCliff@u-46.org or (847) 888-5000 x5034
Cheesy Eggs with Tater Tots	Yogurt Parfait With Fruit & Granola	Glazed Donut	Chilaquiles	Belgium Waffles Topped with choice of fruit Option for syrup	

In accordance with Federal Law & U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director/Office of Adjudication, 1400 Independence Ave. SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service (800) 877-8339 or (800) 845-6136 (Spanish) USDA is an equal opportunity provider & employer.